



## SET MEALS

Favour Catering & Events  
Specialists in African & Caribbean cuisine.

- Passion for great food. Unique venues. Bespoke service -

Please inform us of any food allergies or particular dietary requirements.  
We are happy to design a bespoke menu either from our listings or at your suggestion.

For more information please contact us on:


Tel: 020 8200 3004 | Email: [favour@favour-events.com](mailto:favour@favour-events.com) | [www.favour-events.com](http://www.favour-events.com)

## SET MEALS - Starters

Cream of Pumpkin Soup 

Spicy Butternut Squash Soup 

Fanned Honeydew Melon with Raspberry Coulis 

Goats Cheese Tartlets with Red Onion Chutney 

Assorted Goat Meat pepper

Chicken Pepper Soup

Classic Chicken Caesar Salad

Grilled Chicken or Beef Suya with Tomatoes & Onions

King Prawn and Plantain Stack with Chill Sauce

Tian of Avocado and with Tomato Salsa

Spicy Tiger Prawns with Pineapple Salsa

Caribbean Codfish Fritters with Baby Salad & Spicy Mango dressing

Smoked Salmon and Tiger Prawns drizzled with Sweet Chilli served with mixed leaves

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## SET MEALS - Main Course

Succulent Jerk Chicken Breast,  
Seasonal Vegetables With and Spicy Jerk Sauce

Roast Breast of Gressingham Duck  
set on Couscous and pan-fried seasonal vegetables with Mango and Ginger Sauce

Char grilled Chicken Leg  
in Sauce complimented with thyme, Tomato, Onions, and Scotch bonnet.  
served with Jollof Rice & Moin Moin

Curried Lamb shanks  
Slow cooked in Caribbean Spices served with roasted root Vegetables,  
Rice & Peas and Curry jus

Braised Shank of Lamb  
Sweet Potatoes Mash, stem Broccoli and glazed Baby Carrots and a Red wine jus

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# SET MEALS - Main Course

Seasoned Lamb Shank

Cooked to perfection Served with Yam Pottage,  
Plantain and garnished with Peppers & Onions with hot Chilli Sauce

Three-Boned rack of lamb

covered in fresh Herbs Crust Served with Bouquet of seasonal  
Vegetables and golden Fried Potato Croquette with Red Currant and Port Sauce

Roast Sirloin of Beef,

Breadfruit with a Creamy Pepper Sauce and Sautéed Savoy cabbage and shallots

Grilled Fillet of Snapper

served with a bed of Yams, Fried Plantain wedges with Creamy Cajun Sauce

Poached Salmon Fillet with Prawn

Served on stack of Diaphanous Potato, wilted Spinach & a Lemon and Dill Sauce

Pan Fried Fillet of Sea Bass

served with Chive crushed Potatoes, fine Green Beans and Baby Carrots

With Sauce Vierge

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# SET MEALS - Vegetarian Main Courses

(can be substituted for any main course)

## Spicy Caribbean Vegetable Curry

Green Beans, Butternut Squash and Carrots cooked in coconut Milk served with  
Potato or Rice

## Baked Aubergine with a selection of Vegetables

filled with roasted Vegetables  
topped with grated mozzarella cheese and baked to a golden crust

## Roasted Sweet Peppers

Stuffed with herb-infused Couscous and served with Vegetable and Tomato Sauce

## Roasted vegetable Tart

a crisp Pastry Case filled with roasted seasonal Vegetables, topped with Cheese  
served with a Red Onion Sauce

## Sweet Potato Curry

Diced Sweet Potato, Callaloo, Onions, Garlic and Cinnamon,  
stewed in a light spicy Curry sauce Served with Rice & peas and Roti

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# SET MEALS - Desserts

Various Cheesecakes with a Coulis Dressing

Banana or Coconut slice with Cream 

Chocolate Tart with Vanilla Ice Cream 

Coconut Tart with Ice Cream

Selection of Sorbet 

Hot Choc Melt in the Middle

Mango Brulee

Warm sticky Toffee Pudding with Caramel Sauce

Apple Crumb

Trio of Desserts

Strawberry Cheese Cake, Chocolate Brownie, Vanilla Ice Cream

or

Mini Coconut Tart, Meringue with Cream & Raspberry Coulis,

Mini Profiteroles with Chocolate Sauce

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